



Photo by Danielle Walker

America is in desperate need of a kind word, a smile, and a little direction. Her deafening, fast-paced and shallow agendas do not reflect the principles upon which she was founded. It is time to foster an abiding concern for family and neighbors. It is time to light a spark that produces synergy within our communities. It is time to bond, celebrate, and lift one another up by our bootstraps. It is why we are here - to do for others and make a difference.

*In Living Well... Making a Difference*, author Andy Andersen, a retired navy pilot, provides a naval

aviator's checklist for life. He shows readers how to open their hearts to the world. We are not in this alone and no man is an island. In fact, readers are in the cockpit, learning what they can, sounding the necessary alarms, and able to control whether America continues its bumpy ride or whether it will shift its flight pattern to clearer skies.

In these succinct and life-changing chapters, with titles such as "What Can I do?," "Money and Materialism," and "Random Acts of Kindness," the author weaves lessons about happiness, forgiveness, and decency with affable humor that will lead to countless hours of reflection.

Learn how anyone can prevent a very bad night for a single mom with two kids in a mall parking lot, how increasing your quality of life can result from how you treat your waiter - how you can positively impact society one person at a time.



"There is a destiny that makes us brothers; None goes his way alone. All that we send into the lives of others comes back into our own.

~ Edwin Markham

A percentage of this book's proceeds will be donated to homeless shelters.



LIVING WELL MAKING A DIFFERENCE

ANDY ANDERSEN

# LIVING WELL

## Making a Difference



Andy Andersen